

A Swing You Can Trust: A Breakthrough Approach for Confident, Low-Scoring Play

Roberto Borgatti

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A Swing You Can Trust: A Breakthrough Approach for Confident, Low-Scoring Play Roberto Borgatti Through his golf clinics for amateurs and his seminars for teaching and tour professionals held around the world, Roberto Borgatti has become famous for improving the technique and scores of every player. Now he passes his sensational method on to readers with A Swing You Can Trust. Like an individual private lesson from Borgatti himself, this easy-to-follow guidebook helps players to understand and execute the fundamental elements of the golf swing. Borgatti leads students through exercises they can practice right in their own living rooms, gyms, and back yards - wherever and whenever they have a few moments of spare time. From the fundamentals to the short game and preparing to play, Borgatti provides step-by-step instruction along with clear illustrations as he combines sound methodology, fitness training, and state-ofthe-art analysis technology to create a comprehensive approach to the game. The secret to Borgatti's unique approach is helping players master four key fundamentals: movement, set up, turn, and weight shift fundamentals that are essential to every type of swing. By mastering the lessons Borgatti provides in this radically new approach, anyone - from the beginner to the professional, man or woman - can improve his or her game, one swing at a time.



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