

# Well-Being and Work: Towards a Balanced Agenda (Psychology for Organizational Success)

P. Dewe, C. Cooper



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Work and well-being is one of the fastest growing areas of concern to business, public sector and government. This book looks at the causes of stress in the modern work-place, and offers practical advice for managers on how to combat stress in their employees, and put in place strategies for developing a healthy workplace.

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