



The Case Study Guide to Cognitive Behaviour Therapy of Psychosis

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This is a practical volume which reflects how treatment programmes can be compatible with the reality of service delivery and mental health provision in an organisational context. It also supports both training and clinical practice by presenting examples of clinical cases to illustrate the assessment, treatment planning and implementation processes of CBT for psychosis.

- * Based on extensive clinical experience and real life service settings
- * Deals with the roles of several mental health disciplines, as they combine in the these treatment programmes
- * Cases from a variety of settings: inpatient, outpatient community
- * Describes techniques used with the full range of symptoms

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