



Saying Thank You

Monisha Vasa

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Saying Thank You Monisha Vasa

I say thank you every day for our lungs that breathe life into us. What do you say thank you for? *Saying Thank You* is written by Dr. Monisha Vasa, a psychiatrist and writer who firmly believes in developing mental and emotional well being from a young age. Parents and children alike will enjoy reading this book together about the power of gratitude. *Saying Thank You* will spark countless discussions about all that we have to be thankful for, long after the last page has been read.

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