



Sexy Mamas: Keeping Your Sex Life Alive While Raising Kids

Cathy Winks, Anne Semans

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Sexy Mamas reaches out to women who want to integrate the joys of a satisfying sex life with the joys of motherhood. Winks and Semans offer tips, anecdotes, and practical information about sex while parenting, supported by advice from medical experts, sex experts, and the most valuable experts of all—other mothers. This just-right-for-browsing compendium includes candid anecdotes and suggestions from hundreds of survey respondents that will support, encourage, and inspire readers to embrace a more powerful maternal sexuality.

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