



# **Team Captain Leadership C.L.A.S.S. Curriculum Module I of III: Leadership 101: Traits, Characteristics, Commonalities, Perspectives and Personalizing Your Style**

*Dr. Philip Willenbrock*

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# Team Captain Leadership C.L.A.S.S. Curriculum Module I of III: Leadership 101: Traits, Characteristics, Commonalities, Perspectives and Personalizing Your Style

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The CLASS curriculum is a resource for teaching leadership and/ or facilitating the leadership growth of individuals or groups. The curriculum includes a collection of leadership lessons divided into three modules. Lessons in Module 1 focus on what every leader needs to know including leadership definitions, traits and characteristics of leaders, and what leadership is all about. Module 2 lessons focus on leading others and the dynamics of team and organizational leadership. Module 3 lessons focus on character, decision making, goal setting and leading through change and crisis.

Each module contains lessons and more than 100 suggested activities for a variety of uses including; (a) as a team leader development guide, (b) a complete leadership class curriculum, (c) a leadership training guide for managers, or (d) change management within a team or organization.

The lessons were initially developed for use by coaches and managers to train captains and team leaders, in essence, to teach them how to lead. The curriculum has also been used as a curriculum guide for a high school leadership classes and as a training manual for restaurant servers and management trainees.

The curriculum is designed as a tool for teaching leadership principles in a variety of setting including student leaders and athletes in the high school/ college setting. Successful team/ organizational leadership systems require shared styles of leadership creating the need for thorough and complete leadership instruction lesson plans easy for a coach or administrator to use.

The curriculum is a structured, pragmatic, user friendly guide purposefully organized to teach people how to lead with minor facilitation by a teacher, manager or coach. The curriculum approaches leadership from general self-leadership principles of character and traits of effective leaders to aspects of team/organizational leadership dynamics, goal setting and decision making.

Each lesson includes brief but clear topical information for the facilitator and provides activity and lesson plan options to incorporate as desired. The curriculum is designed to be easily adapted and modified to address timely leadership issues and specific needs.

Complete hardcopy individual and facilitator workbooks and additional resources can be found at:  
[sharedteamleadership.com](http://sharedteamleadership.com)

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