



# Dinner a Day: 365 Delicious Meals You Can Make in Minutes

*Lynette Rohrer Shirk*

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## **Dinner a Day: 365 Delicious Meals You Can Make in Minutes** Lynette Rohrer Shirk

Family togetherness, at the dinner table, promotes academic performance, emotional health, and dietary quality."-Purdue Center for Families

Coming up with ideas for dinner, preparing it, and getting the family together to enjoy it wasn't always easy-until now. Let classically trained chef Lynette Rohrer Shirk show you how easy it is to whip up tasty meals for you and your family in no time.

With 365 quick, easy, and delicious dinners, you can satisfy the entire family, in minutes a day, every night of the year! Whether it's a special occasion or it's just another Monday night, you'll find a variety of satisfying and healthy recipes, including:

- Corn-Bread-Crusted Chicken Breasts
- Artichoke Stir-Fry
- Paella Rice Salad
- Shrimp Pesto Ravioli
- Easy Jambalaya
- Italian Meatloaf

As the studies show, families who eat together are happier and healthier. Dinner a Day is your recipe for success-what are you waiting for?

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Playing with family in a very park, coming to see the ocean world or hanging out with close friends is thing that usually you might have done when you have spare time, subsequently why you don't try matter that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Dinner a Day: 365 Delicious Meals You Can Make in Minutes, it is possible to enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't obtain it, oh come on its called reading friends.

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