



Merrell's Strong StartPre-K: A Social and Emotional Learning Curriculum, Second Edition

Sara A. Whitcomb Ph.D., Danielle M. Parisi Damico Ph.D.

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Teach social-emotional competence to preschoolers with the NEW edition of the *Strong Start—Pre-K* curriculum! Part of the *Strong Kids™* series, *Strong Start* is the fun, easy way to help young children develop the social-emotional skills they need to build a strong foundation for school success. Developed by a team of educational and mental health experts, this evidence-based, age-appropriate curriculum is

- Low cost and low tech
- Proven to help increase young children's knowledge of healthy behavior
- Easy to implement with no training required
- Brief enough to use with any program

Through engaging classroom activities, children learn about emotions and the social-emotional skills they'll use for the rest of their lives: managing anger, reducing stress, solving interpersonal problems, and more. This scientifically based curriculum runs for 10 weeks, and lessons are easy to fit into your existing schedule. Partially scripted lessons, handouts, and worksheets are included—all photocopiable and available as downloads—so you have everything you need to implement the program with little added cost or preparation.

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