

Where Flavor Was Born: Recipes and Culinary Travels Along the Indian Ocean Spice Route

Andreas Viestad

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This extraordinary cookbook from celebrated author Andreas Viestad explores the culinary wonders along the legendary spice route, from Zanzibar to India to Bali and everywhere in between. Part travelogue, part cookbook, this colorful volume captures the spirit of each region and reveals the origins of the spices now used in everyday cooking across the globe. Nearly 100 recipes, a glossary of spices, source list, and unforgettable color photographs document the people, places, and best of all the irresistible cuisine at every stop on the journey. Where Flavor Was Born brings the exotic flavors and cultures of the Indian Ocean into the home kitchen.



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