

# Ageing and Development (International Texts in Developmental Psychology)

Peter Coleman, Ann O'Hanlon



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With increasing numbers of the population living into old age, we need a better understanding of the nature and experience of ageing in all its aspects. Up to now, very few texts have considered this in any depth, but 'Ageing and Development', a new volume in the Texts in Developmental Psychology series, provides a detailed and comprehensive overview of the theories and research in adult development into old age. The classic early accounts of theorists such as Jung and Erikson are considered, as well as their present day successors. Particular attention is given to theories of adjustment to loss, and to the threat of loss, which dominate current gerontological research.

A notable feature of the book is the separate section devoted to the psychology of advanced old age, to life in states of physical and/or mental frailty, and to the survival of the self in these circumstances. There is a strong emphasis throughout on up-to-date empirical research and illustrative case examples. The reader is constantly encouraged to take a critical perspective, to understand the strengths and limitations of different studies, and to think about the issues raised in terms of their own lives.

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