



# Anger Control and Conflict Management for Kids: A Learning Guide for the Elementary Grades

*Terri Akin, Susanna Palomares*

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**Anger Control and Conflict Management for Kids: A Learning Guide for the Elementary Grades** Terri Akin, Susanna Palomares

This learning guide for the elementary grades teaches your students how to reduce and control anger and to settle disputes in a pro-social manner. These student-tested activities help children to: | understand the dynamics of conflict and anger | improve communication skills | examine the cause and effect of conflict | become aware of their sources of anger | appreciate different perspectives | distinguish between the language of anger escalation and effective resolution | develop tolerance | manage anger and aggression | achieve win-win outcomes. This book is chock full of enjoyable, challenging activities that include step-by-step guidelines, reproducible experience sheets, and relevant discussion questions that encourage higher order thinking and collaborative problem solving. A highlight of this book is the section presenting a unique role-playing process that makes positive behavioral rehearsal easy, fun and relevant. This is a must have book for all educators who want to develop in their students the important social-emotional skills of creative conflict resolution and anger management. Use these high-impact lessons to teach your students to become conscious of the choices they typically make in anger and conflict situations, and to learn real-life strategies to replace ineffective behaviors with those that work. Grade Levels: K-6

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