



Authentic Meals Box Set (5 in1): Healthy and Delicious Italian, Indian, Mexican, Korean and Native American Recipes for a Curious Cook! (Authentic Cooking & Slow Cooker)

Sheila Hope, Eva Mehler, Regina Hope, Sherry Morgan, Martha Olsen

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Authentic Meals Box Set (5 in1)

Book One: Low Carb Italian Pasta: Best Pasta Recipes Made Healthy and Delicious, Low Carb, Vegan, Gluten Free

Inside You Will Learn:

- Learn how to make Italian pasta dishes that are healthy and easy.
- Be encouraged to experiment and try out different kinds of pastas to make all their Italian or any type of pasta recipes or dishes.
- Find out how to tailor fit recipes based on their diet lifestyles or preferences.
- Get to know different substitutions in terms of ingredients in order to recreate some of the recipes featured in this book.
- And so much more

Book Two: Indian Slow Cooking: Over 50 Easy and Delicious Meaty, Vegetarian and Vegan Indian Recipes, Gluten-Free Desserts for Your Slow Cooker Plus Secrets of Indian Spices!

Inside You Will Learn:

- Learn and familiarize yourself with the different spices and blends that Indian home cooks will find and use in their kitchens.
- Over 50 really stress-free, easy and ultimately delicious Indian recipes that can be made using a slow cooker or crock pot.
- And so much more

Book Three: Mexican Recipes: 30 Easy and Delicious Recipes Plus Extra Tips for Authentic Mexican Home Cooking

Inside You Will Learn:

- The History of Mexican Cooking
- How to Wrap a Burrito
- The Variety of Peppers that Can Be Used
- Unique Spicy Recipes
- How to Make a Special Chili Meal
- And Much More

Book Four: Native American Favorites: Over 50 Delicious, Passed Down Recipes Across the Country

Inside You Will Learn:

- Beef and meat recipes
- Poultry recipes
- Fish and seafood
- Veggies
- Soups and stews
- Breakfasts, snacks, and desserts

Book Five: Korean Food Favorites: Over 50 Delicious Recipes from the Other Side of the Globe

Inside You Will Learn:

- Beef recipes
- Poultry recipes
- Seafood recipes
- Veggie recipes
- Desserts
- Kimchi and sides

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library or even make summary for some publication, they are complained. Just small students that has reading's soul or real their pastime. They just do what the teacher want, like asked to go to the library. They go to there but nothing reading really. Any students feel that looking at is not important, boring in addition to can't see colorful images on there. Yeah, it is for being complicated. Book is very important to suit your needs. As we know that on this period of time, many ways to get whatever we want. Likewise word says, ways to reach Chinese's country. Therefore , this Authentic Meals Box Set (5 in1): Healthy and Delicious Italian, Indian, Mexican, Korean and Native American Recipes for a Curious Cook! (Authentic Cooking & Slow Cooker) can make you feel more interested to read.

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