



# Handbook of Nutrition and Ophthalmology (Nutrition and Health)

*Richard David Semba*

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**Handbook of Nutrition and Ophthalmology (Nutrition and Health)** Richard David Semba

The Handbook of Nutrition in Ophthalmology is the first general text on nutrition and eye health created for physicians, nutritionists, and researchers. The author provides important links between the epidemic of obesity and implications it has for eye disease and blindness. The volume also includes chapters addressing nutritional aspects of preventing eye disease in diabetes mellitus and other optical neuropathies, making this a unique book.

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