



# Psychoanalytic Object Relations Therapy

*Althea J. Horner PhD*

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## **Psychoanalytic Object Relations Therapy** Althea J. Horner PhD

In *Psychoanalytic Object Relations Therapy*, Althea Horner explores the clinical implications of developmental object relations theory. She considers the importance of finding the interpersonal metaphor embedded in the patient's material, the various kinds of interventions made by the therapist, and the multiple ways the patient uses the therapist, such as a selfobject, a container, and an object for identification. Eight case presentations demonstrate Horner's theoretical contributions.

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