



The Gifted Kids Survival Guide: A Teen Handbook

Judy Galbraith, Jim Delisle

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Written with help from hundreds of gifted teenagers, this handbook is the ultimate guide to surviving and thriving in a world that doesn't always value, support, or understand high ability.

Full of surprising facts, step-by-step strategies, practical how-tos, and inspiring quotations, featuring insightful essays contributed by gifted teens and adults, the book gives readers the tools they need to understand giftedness, accept it as an asset, and use it to make the most of who they are.

Teens learn the facts about giftedness, including:

- what “giftedness” means (and doesn't mean)
- the truth about IQ, tests, and testing (and four reasons why tests can't be trusted)
- how to take charge of their lives (including expectations, perfectionism, multipotential, mistakes, goal setting, time management, assertiveness, gender issues, ethnic issues, and stress)
- how to take charge of their education (knowing their rights as students, exploring their options, changing the system, choosing a college, and alternatives to college)
- how to find friends who are right for them
- how to talk to parents
- how to be “net-smart” and have safe, fun online relationships
- information about teen suicide—and how to intervene with a troubled friend
- a wealth of additional resources including books, publications, associations, programs, and Web sites
- and much more –

The Gifted Kids' Survival Guide: A Teen Handbook is a must for gifted teens, their parents, teachers, counselors, and anyone who cares about smart, creative, curious kids.

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Kimberly Wood:

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Ruth Ford:

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