



# Normal People Do the Craziest Things: How to Keep Yourself in Perspective

*David Hawkins*

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
For every reader who has tried to hide and avoid their own crazy troubles, bestselling author David Hawkins offers assurance that what they are experiencing is very normal and redeemable.

With biblical leading and a prescription for balanced perspective, Hawkins directs readers to work toward health and wholeness as they

- explore the areas of life where they're scared of failure or rejection
- discover why fear, phobia, anxiety, and depression begin and how to combat them
- deal with crazy or chaotic marriages and families with effective tools and guidelines
- manage stress and soothe the overwhelming feeling of being out of control
- realize problems are universal and that there is no shame in having struggles

Since the Garden of Eden, people have been hiding their sins and weaknesses. Hawkins' refreshing guide removes the barriers of emotion and stereotype that stand between a reader's normal problems and God's supernatural peace.

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#### **Cheryl Fisher:**

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#### **Donna Graham:**

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their spare time with their family, or all their friends. Usually they carrying out activity like watching television, likely to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Can be reading a book might be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to test look for book, may be the reserve untitled Normal People Do the Craziest Things: How to Keep Yourself in Perspective can be great book to read. May be it might be best activity to you.

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