



Physical Education Lesson Plans for Classroom Teachers, First Grade

Carol Jahan

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A standards based full year program of physical education for First Grade. This curriculum guide helps First Grade classroom teachers easily provide a full school year of activities for their students in a sequence that allows flexibility and provides instruction in fitness, skills, and sportsmanship. Game activities and program elements are specifically for First Grade. The original publication, "Physical Education Lesson Plans for Classroom Teachers, Kindergarten-3rd Grade", is also available in print form, or Kindle, at Amazon.com and www.physicaleduplans.com, is the foundation for this publication, but this publication is succinct and targeted just for First Grade. This publication gives just the right amount of information for the first grade classroom teacher to easily and quickly provide physical education lessons students will love doing. This edition is truly the perfect "cookbook" of just right ingredients for a standards based physical education that classroom teachers and schools will love having at their fingertips.

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