



Blood Pressure Box set: Blood Pressure Solution - How To Lower Your Blood Pressure & Cholesterol Without Medication, Just By Using Natural Remedies and Diet!

Christina Hanson, Michelle Palmer

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Blood Pressure Box Set

Blood Pressure Solution – How To Lower Your Blood Pressure & Cholesterol Without Medication, Just By Using Natural Remedies and Diet!

When your blood pressure and cholesterol are at healthy levels, you feel great. However, one in three of us throughout the world will succumb to high blood pressure and cholesterol. Out of the people who do, not everyone will realize that these levels were high, until they are stricken down with a heart attack or stroke.

The sad fact is that high blood pressure and cholesterol are the number one killers. The Centers for Disease Control and Prevention report that an adult dies every 39 seconds from a heart attack or stroke. Half of those people had untreated high blood pressure, high cholesterol, or both.

This two books will teach you everything you need to effectively lower your blood pressure. By the time you have finished this guide, you will be well on your way back to good heart health!

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