



# **Bibliography on Psychological Tests Used in Research and Practice in Sport and Exercise Psychology (Mellen Studies in Psychology, V. 7)**

*Arnold D. Leunes*

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The purpose of Dr. Lethes' collection of citations is to assist researchers, practitioners, and students in sport and exercise psychology in the conduct of their applied and/or research efforts. As anyone involved in these endeavors can attest, amassing the relevant literature on a topic is often an arduous task. Computer searches and the time-honored method of poring over volumes in the library are two ways of accomplishing this. The virtue of this work is that it simplifies the task of locating references for sport researchers, practitioners, and undergraduate and graduate students in the sports sciences. The creation of this bibliography really began almost twenty years ago with the creation of a brief list of citations related to the Profile of Mood States, a popular assessment device both within and external to sport and exercise psychology. My thought was that compiling bibliographies would be a good way to introduce undergraduate students to the research process. Being meticulous, attending to detail, and learning to search high and low in the library were all required if these works were to be reasonably complete. Also, familiarity with a variety of computer search engines was required of the students, thus familiarizing them with those mechanisms for conducting research. In the process, I became fascinated with the utility these things provided me in working with other students and professionals. On occasion, some of the students in my sport psychology classes would undertake the creation of a bibliography on a favorite topic. As time passed, it became clear that it would be feasible to take the existing bibliographies and expand them considerably, hence the creation of the present more voluminous work. It has been a long process but a rewarding one, now that the task has been completed. Psychological assessment is a big part of sport and exercise psychology, and hopefully this volume will be useful to professionals and students in the various research and practice settings.

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