



**[(Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008)**

*Dr Richard F Mollica*

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In these personal reflections on his thirty years of clinical work with victims of genocide, torture, and abuse in the United States, Cambodia, Bosnia, and other parts of the world, Richard Mollica describes the surprising capacity of traumatized people to heal themselves. Here is how Neil Boothby, Director of the Program on Forced Migration and Health at the Mailman School of Public Health, Columbia University, describes the book: "Mollica provides a wealth of ethnographic and clinical evidence that suggests the human capacity to heal is innate--that the 'survival instinct' extends beyond the physical to include the psychological as well. He enables us to see how recovery from 'traumatic life events' needs to be viewed primarily as a 'mystery' to be listened to and explored, rather than solely as a 'problem' to be identified and solved. Healing involves a quest for meaning--with all of its emotional, cultural, religious, spiritual and existential attendants--even when bio-chemical reactions are also operative." "Healing Invisible Wounds" reveals how trauma survivors, through the telling of their stories, teach all of us how to deal with the tragic events of everyday life. Mollica's important discovery that humiliation--an instrument of violence that also leads to anger and despair--can be transformed through his therapeutic project into solace and redemption is a remarkable new contribution to survivors and clinicians. This book reveals how in every society we have to move away from viewing trauma survivors as "broken people" and "outcasts" to seeing them as courageous people actively contributing to larger social goals. When violence occurs, there is damage not only to individuals but to entire societies, and to the world. Through the journey of self-healing that survivors make, they enable the rest of us not only as individuals but as entire communities to recover from injury in a violent world.

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**From reader reviews:**

**April Little:**

Book is to be different for each grade. Book for children right up until adult are different content. As we know that book is very important normally. The book [(Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008) ended up being making you to know about other knowledge and of course you can take more information. It is very advantages for you. The guide [(Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008) is not only giving you a lot more new information but also for being your friend when you truly feel bored. You can spend your own personal spend time to read your publication. Try to make relationship while using book [(Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008). You never sense lose out for everything in the event you read some books.

**Mark Dunn:**

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**Patricia Whitmore:**

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**Ora Barbour:**

Some individuals said that they feel bored when they reading a book. They are directly felt it when they get a half portions of the book. You can choose the actual book [(Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008) to make your current reading is interesting. Your skill of reading talent is developing when you similar to reading. Try to choose basic book to make you enjoy to read it and mingle the impression about book and reading especially. It is to be initial opinion for you to like to start a book and read it. Beside that the reserve [(Healing Invisible

Wounds: Paths to Hope and Recovery in a Violent World)] [Author: Dr Richard F Mollica] published on (December, 2008) can to be your new friend when you're really feel alone and confuse with the information must you're doing of that time.

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