

Knife Self-Defense for Combat (Special Forces/Ranger-Udt/Seal Hand-To-Hand Combat/Special Weapons/Special Tactics)

Michael D. Echanis

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Echanis was a senior instructor for the UDT-21, SEAL-2, Hand-to-Hand Combat/Special Weapons School for instructors. Echanis shows more than 30 separate techniques for disarming and controlling a knife attacker. Fully illustrated.



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