

Low Carb Slow Cooker Recipes BOX SET 2 IN 1: 55 Amazing Low Carb Slow Cooker Recipes For Weight Watchers.: (Weight Watchers, Weight Loss Motivation, Weight ... tips, weight watchers for beginners Book 3)

Catherine McCloud, Lisa Gellar

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BOOK #1:Low Carb Diet: Delicious Way To Lose Weight!: 35 Easiest Low Carb Slow Cooker Recipes

Low carb diets are prevalent in today's society, but many people feel overwhelmed by the thought. Carbs are in practically everything, so how do you know what you can and can't eat?

Low Carb Diet for Beginners is your healthy guide to being successful at a low carb diet. Offering 25 low carb and healthy recipes that are fast to make and easy to follow, this book is exactly what you have been looking for.

Whether you are a beginner who is just starting to explore the realm of low carb dieting, or if you are a seasoned chef that is well versed in the technique of low carb cooking, this is the book for you.

BOOK #2:High Fat, Low Carb Slow Cooker Recipes.20 Amazing Crock-Pot Recipes for Weight Watchers

This book is filled with 20 yummilicious easy recipes, to cook in a crockpot, and a few accompaniment ideas.

You cannot go wrong with slow cooking, it packs in the flavors.

This is more than a recipe book, it is also a guide explaining the benefits of a low carb, high fat, (LCHF) dietary intake.

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Jack Crawford:

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Alyson Ward:

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Meghan Drucker:

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